



Instructions:

You have 10 seconds to have a good look at one another. Once 10 seconds are up turn around to face away from each other.

Now everyone is to change something. It could be tucking your trousers into your socks or putting your hair behind your ears.

Once everyone is done turn back round to face each other.

Go around the room and say one thing you have noticed that has changed.

**REMEMBER
THE SIMPLE
THINGS THAT
GIVE YOU JOY**