



Instructions:

In your family (or school bubble) talk to each other to discover something that you ALL share in common. (e.g. "we all like pasta for tea")

Then, try and find something that is completely unique to you, that no one else in the group shares (e.g. "I am the only one who can do The Floss")

**TALK & LISTEN,
BE THERE,
FEEL CONNECTED**