



Instructions:

Blow up a balloon or use a ball. Form a line all facing forward (like a queue)

Pass the balloon from the start to the end of the line. The balloon is to be passed under (through the person's legs) and over (over the person's head) to the person behind.

Once the balloon gets to the person at the back they run to the front and start again.

You have one minute to try and get the original person back to the front of the queue.

** This game works best with four or more people. If you have fewer than four adjust the time allowed.

**DO WHAT YOU CAN,
ENJOY WHAT YOU DO,
MOVE YOUR MOOD**